

The FRIENDS RUN
At East Harbor State Park
Saturday June 6, 2009

The 5K RUN/WALK at EAST HARBOR STATE PARK will be
SATURDAY JUNE 6, 2009

Check-in will begin at 8:00 at the HARBORVIEW SHELTER HOUSE
THE 5K WILL START AT 9:00

Awards to Overall Male and Female Runners, 1st three places in age groups (14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over) and 1st male and female walkers.

Door prizes will be awarded. You must be present to win

Early Registration is \$15.00 and must be postmarked by May 15th, 2009

Early registration guarantees commemorative gift

Checks payable to Friends of East Harbor State Park

Mail to Friends of EHSP PO Box 402 Marblehead OH 43440

Day of run registration will be \$18.00

..NAME _____
ADDRESS _____
TELEPHONE _____
SEX _____ DAY OF RACE AGE _____ SHIRT SIZE _____

WAIVER OF LIABILITY: In consideration of this entry, I, the signee, intending to be legally responsible for myself, my heirs, my executors, and administrators, waive and release all claims for damages I may have against the Friends of East Harbor, East Harbor State Park, and all other organizations sponsoring this race and their representatives, successors, and assigns for any and all injuries suffered by me in said event.

SIGNATURE _____
(parent or guardian if entrant is under 18)